

1. Introduction
2. The organization of the presentation is primarily segregated into seven sections which are
  - Introduction
  - Financial Crisis
  - Crisis regarding Food & Agriculture
  - Crisis regarding Public health
  - Psychological distress & Social harmony
  - Conclusions
  - Recommendation

for the sake of better understanding and better consolidation of the whole presentation.

3. There should be no doubt about the fact that COVID 19 had impacted our society and our day in day out lives on so many different levels. It not only hurled significant damages to our society by trampling its harmony and upending its medical infrastructure but also engendered a sense of fear among people by claiming millions of lives. It rendered Upending of medical infrastructure to the nations, that were impacted by this pandemic the most. Besides all this, it had impacted four key major sectors of a well-functioning society that resulted in numerous day-in-day-out life challenges for people.
4. The first among which is the Financial crisis. It had impacted world economics significantly. According to a report published by the World economic forum, this pandemic of COVID 19 had rammed down the global economy three times worse than the 2008 financial crisis, and Europe and several other emerging markets had been hit hard by the same. Millions of companies are at an existential threat. Nearly half of the world's workforce (around 1.65 billion) is on the verge of losing their job and eventually livelihood. Because of the government-imposed lockdowns, numerous informal workers had to keep themselves bereft of earnings for many days therefore they couldn't feed themselves and their families properly. As a result, not only the financial condition of, ordinary middle-class people or Self-employed small-scale workers are being affected but could not get access to social and quality healthcare protections as well.
5. The second crisis was Crisis regarding Food & Agriculture. Due to the government-imposed lockdown of several nations, the supply chain of agricultural supplies got disrupted which impacted numerous small-scale farmers in numerous ways. According to a report, 34% of farmers worldwide reported challenges accessing labor for their farms, besides this, they found it difficult to access markets, transportations, technical assistance as well which 'Figure 1' of the pie-chart clearly manifests. Besides the price of petrol skyrocketed along with other farm supplies as a result of which the farmers could not yield even a desirable amount of profit. And hampering the food and agricultural sector of society results in upending economic balance which may prompt numerous day-in-day-out challenges for people.
6. Then comes the most significant crisis which is the Crisis regarding Public health. With the shortage of hospitals, beds, ventilators, oxygens, certain medicines, and with this ever-increasing number of COVID cases (in some countries) the healthcare system had been put under immense pressure and was stretched beyond its capacity. The healthcare system had been put under immense pressure and was stretched beyond its capacity. As a result, it became

difficult for people to get access to a good healthcare system even spending millions of dollars. Besides, the limited resource of health workers is being constantly exposed to threats and sometimes are succumbing to COVID infections. Because of this over-saturation of hospitals the patients suffering from chronic illnesses like renal disorders or cancer could not get their timely treatment which is another day in and day out challenge that people are encountering on a regular basis.

7. Lastly, comes the problem regarding Psychological distress & Social harmony, because of this lockdown imposed by the government it became difficult to manage social harmony. According to a report published by 'WHO,' mental health is becoming a major concern for the health and wellbeing of people, especially for frontline workers. And this psychological impact is elevating rates of stress or anxiety, increasing levels of loneliness, depression, and use of alcohol and harmful drugs which are the root causes behind developing suicidal tendencies among people and contributing to the disruption of social harmony as well.
8. Finally, to conclude, there should be no denying that the day in day out life challenges that we are encountering on a regular basis seem pernicious and insurmountable, but we must not forget that mankind had successfully overcome more catastrophic disasters than this. And eventually, we will conquer this crisis and overcome this turmoil as well. 'If there is a will there is a way'- and It is we and only we who have to take ourselves out of this crisis. And for this, policies should be framed, significant steps should be taken and most importantly, we have to start working on this from this very moment.
9. There are some key recommendations, that is the primary need of the hour, the first among which is the Need to frame new policies to address the problem of the financial crisis, secondly Need to make more budgetary allocations in the health sector to improve its infrastructure, thirdly to overcome social anxiety and maintain mental peace, we should remain positive, we should talk to people, get counseling appointments if needed and to get over this psychological distress we should make use of technologies like texting and video callings to their last onus. The sooner we get on to these aforementioned steps, the better the chances for us to get ourselves out of this turmoil.
10. Thank you

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